

**Caring role questionnaire follow up**

**For professional use only**

![Graphical user interface, application, Word

Description automatically generated]()

**Scoring for caring role questionnaire**

|  |  |
| --- | --- |
| Number marked “Some of the time” |  |
| Number marked “A lot of the time” x2 |  |
| Total score |  |

* 0 No caring activity recorded
* 1-9 Low amount of caring activity
* 10-13 Moderate amount of caring activity
* 14-17 High amount of caring activity
* 18 and above Very high amount of caring activity

**Scores above 10 – recommend referral to Young Carers Service**

**Referral form to Young Carers Service is** [**here.**](https://www.carerssupportcentre.org.uk/young-carers/making-a-referral/) **Parental agreement required.**

[**Referral to our young carers service | Carers Support Centre**](https://www.carerssupportcentre.org.uk/young-carers/making-a-referral/)

**Next steps:**

1. Share outcome of questionnaire and with parents
2. Refer/ signpost/ share “**Information sheet on support for Young Carers.”**

**Referral form to Young Carers Service is** [**here.**](https://www.carerssupportcentre.org.uk/young-carers/making-a-referral/) **Parental agreement required.**

Follow up questions.

1. What do you want to happen next?
2. Can you talk to your parent/guardian about your caring role?
3. Would you like a referral to Young Carers Support Service for additional support?
4. Who would it be useful to tell anyone else about being a young carer?
5. Are there any other professionals that you would like support from?
6. Who will you let know if things get worse?
7. Would you like us to check in with you within 6 months?