

These carers' support groups are not facilitated by The Carers' Support Centre. This is not a comprehensive list.

GROUPS IN BRISTOL

Henleaze <i>All carers</i>	Bradbury Hall, Waterford Road, Henleaze BS9 4BT	2 nd and 4 th Thurs of every month 10–12pm	Monica Rudstone 0117 942 6095
BME Carers Support Meeting <i>Black and minority ethnic carers</i>	Wellspring Healthy Living Centre, Barton Hill	Tuesdays – phone for details	Bristol Black Carers Hazel Brittan 0117 314 4666
Hengrove <i>Mental health carers</i>	Willow Room, Petherton Resource Centre, 3 Petherton Road, Hengrove	3 rd Wed of each month 6.30–8pm	Margaret Price (Rethink) 0117 903 1803 Suzanne Gerrish 01275 796 280
Grove Road <i>Mental health carers</i>	Currently held at Grove Road Day Hospital, 12 Grove Rd, BS6 6JJ New venue to be confirmed	1 st Thurs of each month from 7–8.30pm	Margaret Price (Rethink) 0117 903 1803
Rethink <i>Mental Health Carers art group</i>	Gloucester House, Southmead Hospital	Twice a month on Tues 3.30–6pm	Marilyn Miller 0117 323 5807
Siblings Support Group <i>Carers who have brothers and sisters affected by mental illness</i>	Ring for details	Ring for details	rethinksiblingsbristol@gmail.com or 07542 706 502
Fromeside <i>Carers of those in secure services (mental health)</i>	Fromeside, Blackberry Hill, Stapleton	Last Wed of the month 7–8.30pm	Margaret Price (Rethink) 0117 903 1803
Westbury on Trym <i>Dementia carers</i>	Ring for details	Once a month on a Monday	Sally Cavill (Alzheimers Society) 0117 961 0693
Whitchurch Carers Group <i>For all carers in the area</i>	Whitchurch Health Centre, Armada Way, BS14 0SU	2 nd Monday of the month 10–12pm	Leah 01275 835625
Headway Bristol Carers Group <i>Carers of those with traumatic or acquired head injury</i>	Headway Centre, Frenchay Hospital BS16 1EH	1 st Tues of the month 7–9pm	0117 340 3771